

# Headaches and eye problems

Headaches and eye problems are very common after a brain injury.

Headaches can be caused by tiredness, excessive noise, or periods of concentration.

Eye problems are usually the result of the brain not working as well as usual. Some children find that bright light hurts them, and that it helps to wear sunglasses, even indoors.

Sight is sometimes a little blurred, either because the eyes are not focusing well, or because they are not lining up correctly.

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