

Make time and space

When people are feeling upset or distressed, they are usually too emotional to process reasoned and logical arguments. Avoid asking questions and rationale for behaviours until students feel secure and regain control.

For example:

- Give ākonga extra time and space to settle.
- Some students are likely to need extra time to recover from distress.
- Extend time in alternative spaces and doing alternative activities.
- Reduce demands for extended periods.

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