

Inclusive Education

From

Guide: [Behaviour and learning](#)

Strategy: [Respond in challenging situations](#)

Suggestion: [Use de-escalation strategies](#)

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13 September 2026

Link

inclusive.tki.org.nz/guides/behaviour-and-learning/use-de-escalation-strategies

Consider safety first

Create space and time.

- Remove the audience – ask other students to take their work and move away.
- Give the student physical space.
- Name the emotion in a calm even voice, “You look really angry”, “I can see that you are very frustrated”...
- Wait.

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