

Use the 5-point scale for anxiety

Introduce **the 5-point scale** to teach social and emotional skills through a systems approach.



Video hosted on Youtube <http://youtu.be/L2zZOxSwkzI>

No captions or transcript

Source:

[Autism Live \(US\)](https://www.youtube.com/channel/UCSR-PtIMWK7QzRHKDKJItRA)

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