

[Inclusive Education](#)

From

Guide: [Behaviour and learning](#)

Strategy: [Support emotional wellbeing and positive mental health](#)

Suggestion: [Teach how to recognise emotions and options for expressing feelings](#)

Date

13 October 2021

Link

[inclusive.tki.org.nz/guides/behaviour-and-learning/teach-how-to-recognise-emotions-and-options-for-expressing-feelings](http://inclusive.tki.org.nz/guides/behaviour-and-learning/teach-how-to-recognise-emotions-and-options-for-expressing-feelings)

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## Utilise literacy activities

Teaching social and emotional learning as part of literacy lessons has a significant impact on students' learning and wellbeing.



Video hosted on Youtube <http://youtu.be/L6Kxd5Dp6K8>

Closed Captions

Source:

[Edutopia \(US\)](#)

<https://www.youtube.com/channel/UCdksaQxXH13BMeHoo9MorBg>

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