

Inclusive Education

From

Guide: [Behaviour and learning](#)

Strategy: [Foster wellbeing and mental health](#)

Suggestion: [Teach coping strategies](#)

Date

10 June 2026

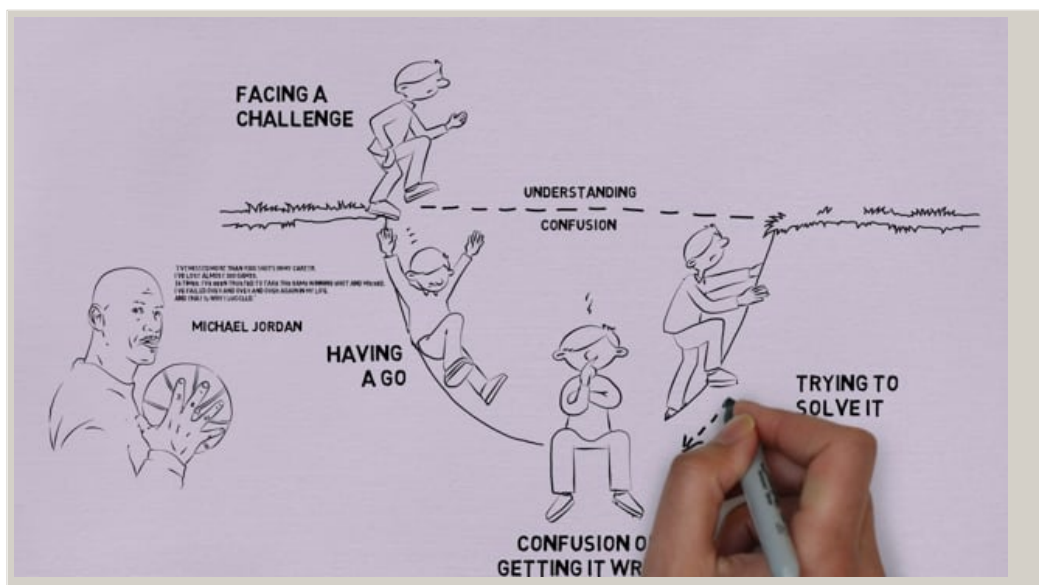
Link

inclusive.tki.org.nz/guides/behaviour-and-learning/teach-coping-strategies

Getting past getting stuck

Getting stuck can cause frustration and embarrassment.

Introduce students to the "learning pit" and support them to learn what to do when they don't know what to do..



Video hosted on Vimeo <http://vimeo.com/117364809>

Closed Captions

Source:

[Kenilworth Learning \(UK\)](#)

<https://vimeo.com/user36603816>

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