

Pay attention to specific needs or sensitivities

Make a point of understanding particular stressors for children and young people.

Ask students and their whānau:

- What situations create stress, such as certain types of noise, changes in routines, pain, or discomfort?
- What can you as the teacher do differently to remove or minimise stress points?
- What can we change in the classroom or school environment to reduce stress points?
- How can the student help themselves to return to a calm state if they become stressed?

This information was downloaded/printed from the Ministry of Education's website "Inclusive Education". Except where otherwise noted it is Crown Copyright 2018.

Information on the Inclusive Education website is regularly updated so we recommend you check the website version of this information to ensure it remains current.

