

Inclusive Education

From

Guide: [Behaviour and learning](#)

Strategy: [Be proactive](#)

Suggestion: [Create support plans](#)

Date

25 March 2025

Link

inclusive.tki.org.nz/guides/behaviour-and-learning/create-support-plans

Plan before anything happens

Work in collaboration to develop a clear and tailored support plan for ākonga learning and wellbeing at school.

It's all about planning. So, having a very clear plan before anything happens, you know, 'When you feel this way, try this'. Maybe go and find a squeazy ball or something like that. 'I can see you're getting agitated; let's find your squeazy ball.' Have a very clear plan about what you do to de-escalate, because the kids don't want to be like that.

Source:

[Ministry of Education, Aramai He Tetekura - Recognise, Respond, Restore](#)

<https://www.education.govt.nz/school/student-support/special-education/behaviour-services-to-help-schools-and-students/responding-to-akonga-distress-without-restraint/>

This information was downloaded/printed from the Ministry of Education's website "Inclusive Education". Except where otherwise noted it is Crown Copyright 2018.

Information on the Inclusive Education website is regularly updated so we recommend you check the website version of this information to ensure it remains current.
