

Inclusive Education

From

Guide: [Behaviour and learning](#)

Strategy: [Be proactive](#)

Suggestion: [Create support plans](#)

Date

18 June 2026

Link

inclusive.tki.org.nz/guides/behaviour-and-learning/create-support-plans

Plan before anything happens

Work in collaboration to develop a clear and tailored support plan for ākonga learning and wellbeing at school.

It's all about planning. So, having a very clear plan before anything happens, you know, 'When you feel this way, try this'. Maybe go and find a squeazy ball or something like that. 'I can see you're getting agitated; let's find your squeazy ball.' Have a very clear plan about what you do to de-escalate, because the kids don't want to be like that.

Source:

[Ministry of Education, Aramai He Tetekura - Recognise, Respond, Restore](#)

<https://www.education.govt.nz/school/student-support/special-education/behaviour-services-to-help-schools-and-students/responding-to-akonga-distress-without-restraint/>

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