

# Support transitions

Unexpected change and unfamiliar environments can increase anxiety. Work with ākonga and whānau to plan for times of change or stress.

- Share information about the transition with whānau and ask their advice.
- Design changes and new environments with and for students.
- Preview changes if possible or support with layouts, images or video.
- Assess the new context or environments for potential issues, for example, sensory challenges.
- Create opportunities for students to share concerns.
- Maintain consistent language, routines and systems that are familiar to the student.
- Make connections to the student's strengths, skills, and interests as part of the transition.
- Visit new environments before the transition if possible.

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