

Plan times when structure is minimal

Times when structure is minimal, such as free time, morning and lunch breaks and play times can be overwhelming for some learners. Work with students and whānau to plan these times for student success.

For example:

- Offer students two or three choices for free time activities
- Build a personalised routine for break and lunch times
- Create a visual choice board for students to select positive activities
- Build check in systems with duty staff
- Use a buddy to support students

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