

## Ensure students are known

Get to know and understand each student and identify potentially difficult times or situations that may be stressful or difficult for them.

Keep up-to-date and maintain an interest in a student's life beyond school.

This will help you to:

- eliminate or minimise situations that may cause unnecessary stress (for example, changes in routine, rushing, illness, sensory overload, turn taking, being reprimanded in front of others, things happening at home)
- identify the student's personal signs of stress or unhappiness and intervene early
- have a timely conversation with a student about what you have noticed and how to develop coping strategies
- more accurately interpret wider classroom/playground behaviour and pre-empt potential areas of conflict.

This information was downloaded/printed from the Ministry of Education's website "Inclusive Education". Except where otherwise noted it is Crown Copyright 2018.

Information on the Inclusive Education website is regularly updated so we recommend you check the website version of this information to ensure it remains current.

