

Inclusive Education

From

Guide: [Autism and learning](#)

Strategy: [Key areas of support](#)

Suggestion: [Support positive behaviour](#)

Date

27 July 2025

Link

[inclusive.tki.org.nz/guides/autism-and-learning/support-positive-behaviour-using-recommended-approaches](https://inclusive.tki.org.nz/guides/autism-and-learning/support-positive-behaviour-using-recommended-approaches)

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## Understand the behaviour

Identify the likely triggers or reasons for the behaviour of concern. When the function or purpose of the behaviour is identified, the information can be used to address the triggers in the environment and to respond appropriately.

Behaviour is a form of communication and it serves a purpose. When you understand its purpose, you can understand how to respond and intervene.

**Source:**

(Ministry of Education | Te Tāhuhu o te Mātauranga, PB41 pdf  
<https://pb41.tki.org.nz/Media/Files/Understanding-why-children-behave-the-way-they-do>

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