## Design the day to maximise participation

Discuss with students what will support their participation and motivation.

Build these suggestions into your teaching practice.

- Check in with the student regularly.
- Connect learning to the student's interests.
- **✓** Establish clear classroom routines, expectations and rules.
- ✔ Provide task and lesson outlines.
- ✓ Break work into short manageable chunks.
- Schedule brain and movement breaks.
- ✓ Offer leadership opportunities and group roles based on the student's expertise and interests.
- ✓ Foster tuakana-teina relationships where students support each other.
- ✔ Provide easy access to quiet spaces for working or winding down.
- ✓ Develop and teach strategies to help students when they get stuck.
- ✓ Notice task avoidance or increasing anxiety and implement supports quickly.

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