

Connect with culturally sustaining frameworks

Learn from ākonga and whānau using culturally sustaining frameworks. Build a holistic learner profile to understand how to support ākonga wellbeing and learning.

For example, use dimensions from the Māori health model, Te Whare Tapa Whā

Taha Whānau – family, people and relationships

- whānau, friends, iwi and hapū
- cultural, religious, social and recreational connections
- professionals working with the family.

Taha Wairua – spiritual wellbeing or life force

- spiritually strengthening aspects, for example, faith, being in nature, creative activities and meditation
- special interests, hopes and priorities for ākonga and whānau.

Taha Tinana – physical wellbeing

- physical activity and recreation preferences
- physical abilities and challenges
- medications and allergies.

Taha Hinengaro – mental and emotional wellbeing

- strengths and talents
- dislikes, what can upset them
- signs that the student is beginning to feel upset or anxious
- strategies used to calm students.

Whenua – connection to the land and environment

- important places
- iwi and hapū, maunga and awa – mountains and rivers
- interests in the environment, plants and animals
- connections to people and ancestors.

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