

Ensure access to asthma medication

Quick and easy access to medication can prevent or reduce the severity of asthma episodes.

The age at which children are ready to take care of, and be responsible for, their own asthma medication varies.

Considerations when developing school policy and procedures:

- Accessibility of asthma medication – is it accessed only through the medical room or by adults?
- Schools must record when a pupil is carrying their own medication.
- Reduce barriers to ensure quick access. For example, name individual inhalers and spacers, and store them in a safe, accessible place.
- Have an [asthma emergency kit](#) onsite to ensure access to medication in an emergency. Date medication and ensure it hasn't expired.
- Partner with family/whānau and ākongā to ensure accessibility.

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