

Identify and assess risks (RAMS)

Use effective **safety management plans** to minimise risks, with specific reference to children and young people with asthma, when planning for EOTC.

- 1 **Identify hazards** – find out the situations and things that could cause an asthma attack and/or affect treatment (Examples include: asthma triggers, access to asthma medication, asthma first-aid knowledge).
- 2 **Assess risks** – understand the nature of the risk, the consequences, and the likelihood of it happening (Examples include: anxiety, difficulty breathing, asthma attack, and distance from emergency services).
- 3 **Control risks** – implement the most effective control measures that are practicable in the circumstances (Examples include: quick access to reliever inhalers, asthma emergency kit, and cell phone).
- 4 **Review control measures** – review your asthma emergency procedures. Are they working as planned?

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