

Plan safe EOTC trips

Obtain and review the medical and health information of all participants involved in an EOTC event.

Be prepared:

- Identify specific allergens such as pollen or grass seeds, which may exacerbate an asthma attack, and plan to avoid these where possible.
- Include a spacer and inhaler in your first-aid kit.
- Check ākonga have their inhalers with them before setting out.
- Prior to the trip, ensure parent helpers know the signs of an asthma attack and what to do during an asthma episode.

This information was downloaded/printed from the Ministry of Education's website "Inclusive Education". Except where otherwise noted it is Crown Copyright 2018.

Information on the Inclusive Education website is regularly updated so we recommend you check the website version of this information to ensure it remains current.
