

Useful resources



He Māramatanga Huangō: Asthma health literacy for Māori children in New Zealand

Read time: 158 min

This report address approaches to improving asthma outcomes for Māori children.

Publisher: Asthma NZ

[Visit website](#)



Teen asthma: A teenagers guide to asthma

Information for teenagers explaining what asthma is, different types of medication and ways to keep fit and healthy.

Publisher: Asthma NZ

[Visit website](#)



Asthma control test

A short online test in English or Māori containing five questions. The test is for adults or children. It provides a snapshot of how well your asthma has been controlled over the last four weeks.

Publisher: GSK group of companies

[Visit website](#)

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