

Useful resources



Health and physical education: Achievement objectives

Health and physical education in the New Zealand curriculum.

Publisher: Ministry of Education NZ

[Visit website](#)



Healthy breathing and asthma activity booklet

An activity booklet with activities for children and whānau to learn about healthy breathing, preventing and managing asthma

Publisher: Otago University

[Download PDF \(4.7 MB\)](#)



Sailor Asthma Show

An in-school/ECE initiative supported by the Asthma and Respiratory Foundation NZ. Includes a free touring show plus a website of supporting resources.

[Visit website](#)

This information was downloaded/printed from the Ministry of Education's website "Inclusive Education". Except where otherwise noted it is Crown Copyright 2018.

Information on the Inclusive Education website is regularly updated so we recommend you check the website version of this information to ensure it remains current.
