

Relating to others

10%
OF US HAVE
ASTHMA
USING HAIR BODY &
DEODORANT SPRAYS
**IN CONFINED
SPACES**
CAN TRIGGER
ATTACKS
THIS MAKES IT
HARDER
TO BREATHE
AND CAN BE
LIFE THREATENING
PUT THE SPRAY AWAY
SO WE CAN ALL
BREATHE
A LITTLE EASIER
asthmaaustralia.org.au

**Asthma
Australia**

Good game.
Blood pumping. Head pounding.
Sweat dripping. Changeroom.
Sssssspraaaaaaay.
Deep breath.
Chest tightening. Panic. Airways constricting.
Can't breathe. Oxygen dropping...

Game over.

Your hair or
deodorant spray
could trigger an
asthma attack.

Put the
spray away,
so we can
all breathe
easier.

**Asthma
Australia**

asthmaaustralia.org.au

Source:

Asthma Australia
<https://asthma.org.au/>

[View full image \(661 KB\)](#)

This information was downloaded/printed from the Ministry of Education's website "Inclusive Education". Except where otherwise noted it is Crown Copyright 2018.

Information on the Inclusive Education website is regularly updated so we recommend you check the website version of this information to ensure it remains current.

