

Use asthma action plans

When responding to an asthma attack always follow a child or young person's asthma action plan.

An asthma action plan supports you to:

- ✓ know what medicines to administer and when
- ✓ know a child or young person's possible triggers
- ✓ recognise early symptoms or flare-ups and what to do if they happen
- ✓ know how to manage an asthma attack
- ✓ know when to get emergency care.

A child or young person may be identified as having asthma but may not come with an asthma action plan.

Collect all the necessary information. Brief all staff about triggers, signs, and preventative measures to ensure the student is safe.

This information was downloaded/printed from the Ministry of Education's website "Inclusive Education". Except where otherwise noted it is Crown Copyright 2018.

Information on the Inclusive Education website is regularly updated so we recommend you check the website version of this information to ensure it remains current.
