

Emergency treatment

The infographic is titled "Emergency treatment" in the center. It is divided into two columns: "With spacer" on the left and "Without spacer" on the right. The "With spacer" column has four steps: 1 puff of reliever, 6 breaths, repeat 6 times, and every 6 minutes. The "Without spacer" column has three steps: 6 puffs of reliever, every 6 minutes, and dial 111. Both columns end with a green box that says "Repeat until help arrives".

With spacer

1 puff of reliever → 6 breaths

repeat 6 times

every 6 minutes

dial **111**

Repeat
until help arrives

Emergency treatment

Without spacer

6 puffs of reliever

every 6 minutes

Dial **111**

Repeat
until help arrives

Source:

[Asthma + Respiratory Foundation NZ](https://learnaboutlungs.asthmaandrespiratory.org.nz/mystudent/#/id/5aa6fb38d4ede20e7f9033e3)

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