

Response to an asthma attack

The image displays two educational posters from the Asthma + Respiratory Foundation NZ. The poster on the left, titled 'Asthma in School', provides a step-by-step guide for responding to an asthma attack in a classroom setting. It is organized into sections: 'Assess' (What, What's wrong, Where, When), 'Sit' (at the front of the class), 'Treat' (using inhalers), 'Help' (calling for assistance), 'Monitor' (checking for improvement), and 'All OK!' (returning to normal activities). The poster on the right, titled 'HUA NGŌ', is a mnemonic for the acronym 'HUA NGŌ' (Huaina, Uruora, Awhina, Ngāngā, Oranga, Ka pai!) and details the specific actions for each letter. It includes illustrations of a person using an inhaler, a person sitting at a desk, a person using a nebulizer, a person using a spacer, a person using a peak flow meter, and a person using a peak flow meter. The posters are both in English and Māori.

Source: [Asthma + Respiratory Foundation NZ](https://www.asthmafoundation.org.nz/resources/topic/asthma)
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