

# Health care and action plans

Understand the difference between health care and action plans.

## Health care plans

- A health care plan identifies a child's serious health conditions and the support needed. Only people with severe or poorly controlled asthma will need a health care plan.
- Principals in schools and persons responsible in ECE services, with input from a child's wider support team, write health care plans.
- Use the Ministry of Education drafting [health care plans](#) to determine if a learner requires a health care plan.

## Asthma action plans

- Action plans support children and young people with mild and occasional symptoms to severe asthma episodes.
- Asthma action plans support health care plans.
- They are developed by a health professional with the family.
- Ask for a copy of the learner's asthma action plan.

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