MINISTRY OF EDUCATION
TE TĀHUHU O TE MĀTAURANGA

Ask for asthma action plans

A suggestion for implementing the strategy 'Review your policies and procedures' from the Guide: Asthma and learning

Includes:

Ask whānau for an up-to-date action plan

Purpose of asthma action plans

Benefits of asthma action plans

Parent voice

Health care and action plans

Useful resources

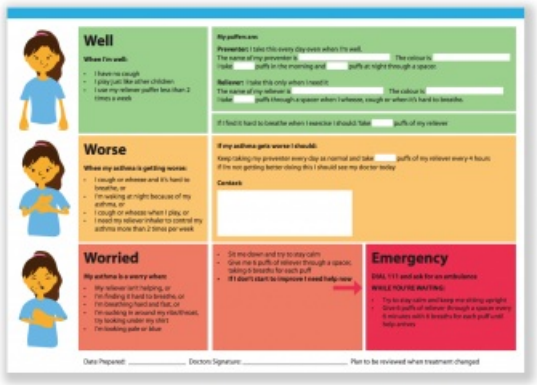
Inclusive Education
From
Guide: Asthma and learning

Strategy: Review your policies and procedures

Suggestion: Ask for asthma action plans

Date
26 April 2024
Link
inclusive.tki.org.nz/guides/asthma-and-learning/ask-for-asthma-action-plans

Ask whānau for an up-to-date action plan



Source:
Asthma + Respiratory Foundation NZ
https://s3-ap-southeast-2.amazonaws.com/assets.asthmafoundation.org.nz/documents/Asthma-Management-Plan-Child-Resource.pdf

View full image (1.1 MB)

Purpose of asthma action plans

Asthma action plans are individualised and help the child or young person with asthma and/or their carer to manage their asthma (including medications) and recognise worsening asthma. They give clear instructions on what to do in response to an asthma attack.

Benefits of asthma action plans

Using and sharing a written asthma action plan means:

- ✔ everyone has access to the same medical information
- ✔ personalised support is provided if asthma symptoms get worse
- ✔ children and young people can identify what to do when they are well, unwell, or need help in an emergency
- ✔ all staff are confident about recognising and responding to an asthma emergency.

Parent voice

Zak's written asthma action plan gets updated any time his treatment changes. I make sure that the school and the boys' dad have a copy too, so that we're all working from the same guidelines. It's got all the important information on it and I find it very helpful to make sure everyone is doing what they should be.

Mother of two sons with asthma

Source:
Asthma UK
https://www.asthma.org.uk/advice/child/manage/action-plan/

Health care and action plans

Understand the difference between health care and action plans.

Health care plans

- A health care plan identifies a child's serious health conditions and the support needed. Only people with severe or poorly controlled asthma will need a health care plan.
- Principals in schools and persons responsible in ECE services, with input from a child's wider support team, write health care plans.
- Use the Ministry of Education drafting health care plans criteria p.18 to determine if a learner requires a health care plan.

Asthma action plans

- Action plans support children and young people with mild and occasional symptoms to severe asthma episodes.
- Asthma action plans support health care plans.
- They are developed by a health professional with the family.
- Ask for a copy of the learner's asthma action plan.

Useful resources

School policies and asthma plans

School asthma policy

Read time: 2 min

A suggested asthma policy for NZ schools.

Publisher: Asthma + Respiratory Foundation, NZ

Download PDF

Child asthma action plan

An example of an Asthma Action Plan.

Publisher: Asthma + Respiratory Foundation, NZ

Visit website

Teacher's asthma toolkit: Asthma management

Information on asthma action plans. This web page includes a video of a parent talking about asthma action plans.

Publisher: Asthma + Respiratory Foundation, NZ

Visit website

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