

Preventing anaphylactic reactions

General food policy measures for preventing anaphylaxis.

- There should be no trading and sharing of food, food utensils, and food containers.
- Children with severe food allergies should eat only lunches and snacks that have been prepared at home.
- Bottles and lunch boxes provided by parents for their children should be clearly labelled with the name of the child for whom they are intended.
- The use of food in crafts, cooking classes, and science experiments may need to be restricted, depending on the allergies of particular children.
- Food preparation personnel should be instructed about measures necessary to prevent cross contamination while handling, preparing, and serving food.
- Display information on allergens and safe practices

- [New Zealand Food standards – allergens](#)
- [Early Childhood Education – five food safety practices](#)

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