

# Preventing anaphylactic reactions

## General food policy measures for preventing anaphylaxis.

- There should be no trading and sharing of food, food utensils, and food containers.
- Children with severe food allergies should eat only lunches and snacks that have been prepared at home.
- Bottles and lunch boxes provided by parents for their children should be clearly labelled with the name of the child for whom they are intended.
- The use of food in crafts, cooking classes, and science experiments may need to be restricted, depending on the allergies of particular children.
- Food preparation personnel should be instructed about measures necessary to prevent cross contamination while handling, preparing, and serving food.
- Display information on allergens and safe practices

- [New Zealand Food standards – allergens](#)
- [Early Childhood Education – five food safety practices](#)

This information was downloaded/printed from the Ministry of Education's website "Inclusive Education". Except where otherwise noted it is Crown Copyright 2018.

Information on the Inclusive Education website is regularly updated so we recommend you check the website version of this information to ensure it remains current.

---

