

Provide professional learning for all staff

A suggestion for implementing the strategy

'Create inclusive systems' from the Guide:

[Allergies and learning](#)

Includes:

Identify staff needs

Public health nurses provide training

Partner with outside agencies

Early learning services

Display emergency instructions

Useful resources

Inclusive Education

From

Guide: [Allergies and learning](#)

Strategy: [Create inclusive systems](#)

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Date

14 June 2026

Link

inclusive.tki.org.nz/guides/allergies-and-learning/provide-professional-learning-for-all-staff

Identify staff needs

Ensure all staff know how to:

- minimise a learner's exposure to known allergens
- recognise signs and symptoms of a mild-to-moderate allergic reaction
- locate a learner's EpiPen
- respond appropriately in the event of anaphylaxis
- administer adrenaline with an EpiPen
- follow agreed systems and processes, for example, for accessing allergy action plans or accessing medication
- provide immediate first-aid assistance.

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Public health nurses provide training

Public health nurses provide annual training for staff on:

- what allergy is
- what anaphylaxis is
- triggers for allergies and anaphylaxis
- recognising anaphylaxis
- preventing anaphylaxis
- what to do in the event of a child having a severe allergic reaction
- using an adrenaline autoinjector.

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Partner with outside agencies

These agencies offer professional learning.

- ✓ [Allergy New Zealand](#) – guidelines and resources to assist parents and caregivers, educators, and school staff.
- ✓ [Anaphylaxis e-training](#) – free online modules for early childhood services and schools, developed by ASCIA.
- ✓ [Public Health Nurses](#) (PHNs) – schools are allocated a PHN to support and advise on children's health and liaise with family doctors, specialists, and other health providers.
- ✓ [EpiClub®](#) – provide an information resource pack for New Zealand teachers and students. The pack contains a range of tools that explain anaphylaxis and what to do in an allergic emergency. It includes a free EpiPen® training device.
- ✓ NZQA-approved, first-aid training for all staff. Check that the course provided includes training about anaphylaxis and trains according to ASCIA guidelines.

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Early learning services

A paediatric dietitian shares how childcare providers can ensure safe environments for children with food hypersensitivities.



Video hosted on Youtube <http://youtu.be/rmarUMOyIKU>

This is part 1, [view part 2](#) of the series.

Closed Captions

Source:

[safefoodTV \(UK\)](#)

<https://www.youtube.com/watch?v=rmarUMOyIKU>

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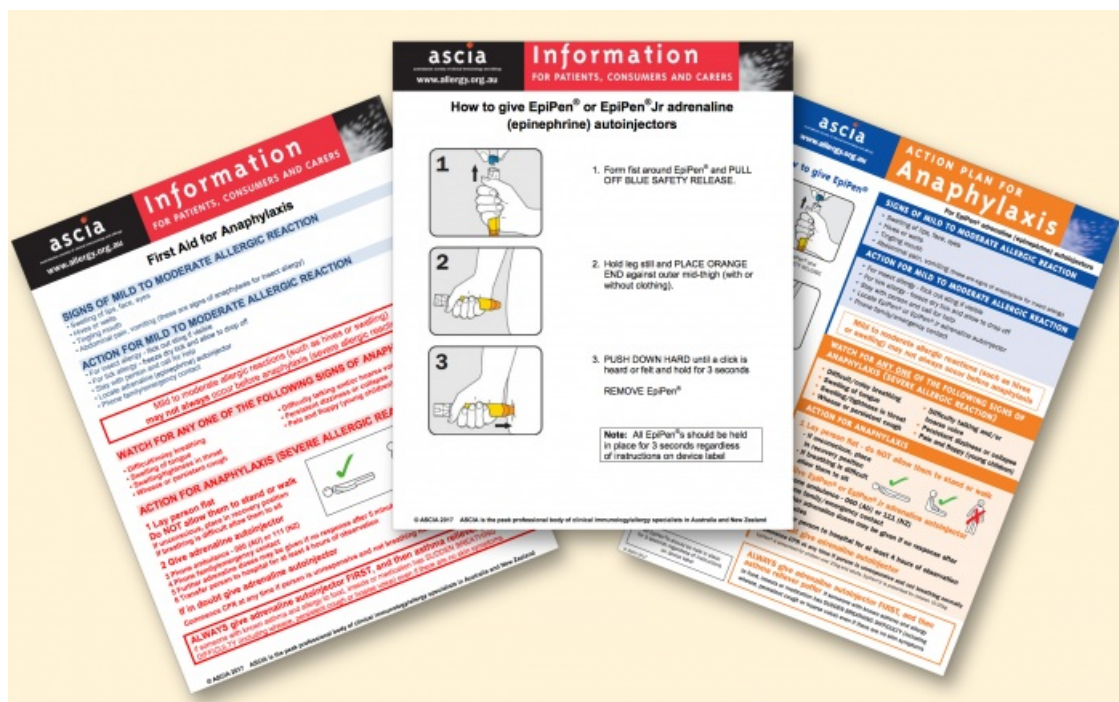
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Display emergency instructions



Source:

ASCIA

<https://www.allergy.org.au/health-professionals/anaphylaxis-resources>

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Useful resources



ASCIA anaphylaxis e-training for schools and early childhood education/care

These are practical online training modules.

Publisher: Australasian Society of Clinical Immunology and Allergy

[Visit website](#)



Allergy and Anaphylaxis Australia

This website provides practical information about allergies and anaphylaxis and resources for parents and schools

[Visit website](#)



Allergy and Anaphylaxis Guidelines for Schools and Kura

Read time: 37 min

Guidelines to support school leadership, management, and teachers throughout New Zealand to manage allergies and anaphylaxis.

[Visit website](#)

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