

Overnight trips and camps

Considerations for planning a safe and successful camp

- ✓ Review student allergy and anaphylaxis action plans and take copies with you.
- ✓ Check that school camp and excursion medical forms are up-to-date.
- ✓ Check the dosage and administration of any medication taken on the trip. Ensure it is recorded on the RAM sheet.
- ✓ Communicate with the camp and provide it with specific dietary requirements.
- ✓ Talk with students about preventing allergic reactions and emergency treatment.
- ✓ Identify students who self-manage their allergy medication and ensure they have it with them before leaving on the trip.
- ✓ If students are carrying their own medication, know where it is for quick, easy access.
- ✓ Take a spare EpiPen in the first-aid kit.
- ✓ Revisit allergy and anaphylaxis first-aid procedures.
- ✓ Check with families and whānau to establish the level of support students need to manage their allergies. For example, they may need support or reminders to use their medication.
- ✓ [Example form](#) used by a school to gather information from students and parent helpers for EOTC week.

This information was downloaded/printed from the Ministry of Education's website "Inclusive Education". Except where otherwise noted it is Crown Copyright 2018.

Information on the Inclusive Education website is regularly updated so we recommend you check the website version of this information to ensure it remains current.
