

# RAMS

Use the [Tool Kit for EOTC Management](#) to identify, assess, and control risks for students with allergies.

- 1 **Identify hazards** – identify specific triggers, such as specific food, bees, wasps, and latex, which may exacerbate an allergic reaction. Plan to avoid these where possible.
- 2 **Assess risks** – understand the nature of the risk, the consequences, and the likelihood of it happening. For example, a mild allergic reaction, such as a rash or swelling of the face, or a severe allergic reaction with difficulty breathing. Use the [EOTC risk assessment form](#).
- 3 **Control risks** – plan to implement effective control measures, such as quick access to students' ASCIA Anaphylaxis or Allergy Action Plans, medication, including EpiPen and antihistamine, first-aid kit, and cell phone. Ensure parent helpers know which learners are at risk of severe reactions (anaphylaxis), the signs and symptoms to watch out for, and actions to take if anaphylaxis suspected.
- 4 **Review control measures** – review your allergy emergency procedures: Are they working as planned?

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