

Inclusive Education

From

Guide: [Allergies and learning](#)

Strategy: [Develop and implement health and safety policies and procedures](#)

Suggestion: [Plan safe EOTC trips and excursions](#)

Date

16 September 2025

Link

inclusive.tki.org.nz/guides/allergies-and-learning/plan-safe-eotc-trips-and-excursions

Health and safety policies

Comply with legal responsibilities:

Review your health and safety policy and supporting procedures, using the [EOTC SMP policy and procedure template](#).

- Identify those at risk of anaphylaxis from your student data.
- Identify those at risk of an allergic reaction from your student data.
- Minimise risks to triggers that could result in anaphylaxis, including food, insect venom, and latex.
- Ensure quick access to students' ASCIA Anaphylaxis or Allergy Action Plans.
- Ensure quick access to students' adrenaline, such as EpiPens.
- Ensure allergy medication, such as antihistamines and EpiPens, is available at all times and is up-to-date.
- Identify emergency procedures for students at risk of allergic reactions.
- Train all staff to recognise and deliver first aid to a child experiencing an allergic reaction or anaphylaxis.

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