

# Review your activities

Observe where exclusion may occur.

Stokes Valley Playcentre reviewed baking activities and shared kai routines to ensure they were inclusive of whānau with allergies. Proactive actions developed included:

- clear liaison with tamariki and whānau to ensure baking is allergy-free
- an acceptable kai list, updated regularly when whānau enrolled or moved away
- shared morning kai consisting of allergy-free foods
- allergy-free baking is done before morning tea so that it can be shared
- follow-up to ensure centre policy forms are completed for tamariki needing allergy medication during a session.

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