

[Inclusive Education](#)

From

Guide: [Allergies and learning](#)

Strategy: [Create an inclusive learning environment](#)

Suggestion: [Design for full participation from the outset](#)

Date

07 June 2026

Link

[inclusive.tki.org.nz/guides/allergies-and-learning/design-for-full-participation](https://inclusive.tki.org.nz/guides/allergies-and-learning/design-for-full-participation)

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## Plan safe learning activities

Consider physical spaces, learning activities, materials, and outdoor activities.

Think about how you will plan safe experiences for:

- use of outdoor environments – be aware of areas with a high pollen count, grasses, and trees
- play and activities – consider regular cleaning routines for toys, dress-ups, carpets, and areas where dust might gather
- using learning materials, such as playdough, bubbles, balloons, egg and milk cartons, yogurt pottles, and lids, that may contain allergens
- the use of food in science, craft, and cooking classes – ensure learners wear gloves, use baking paper, and have systems for wiping surfaces and washing hands to eliminate cross-contamination
- shared lunches or fundraising activities – use labels to identify food with gluten, nuts, and so on.

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