

Communicate and share information for successful transitions

A suggestion for implementing the strategy

'Create inclusive systems' from the Guide:

[Allergies and learning](#)

Includes:

Successful transition tips

Use your SMS

Public health nurse

School High Health Needs Fund

Transition to school

Useful resources

Inclusive Education

From

Guide: [Allergies and learning](#)

Strategy: [Create inclusive systems](#)

Suggestion: [Communicate and share information for successful transitions](#)

Date

01 September 2025

Link

inclusive.tki.org.nz/guides/allergies-and-learning/communicate-and-share-information-for-successful-transitions

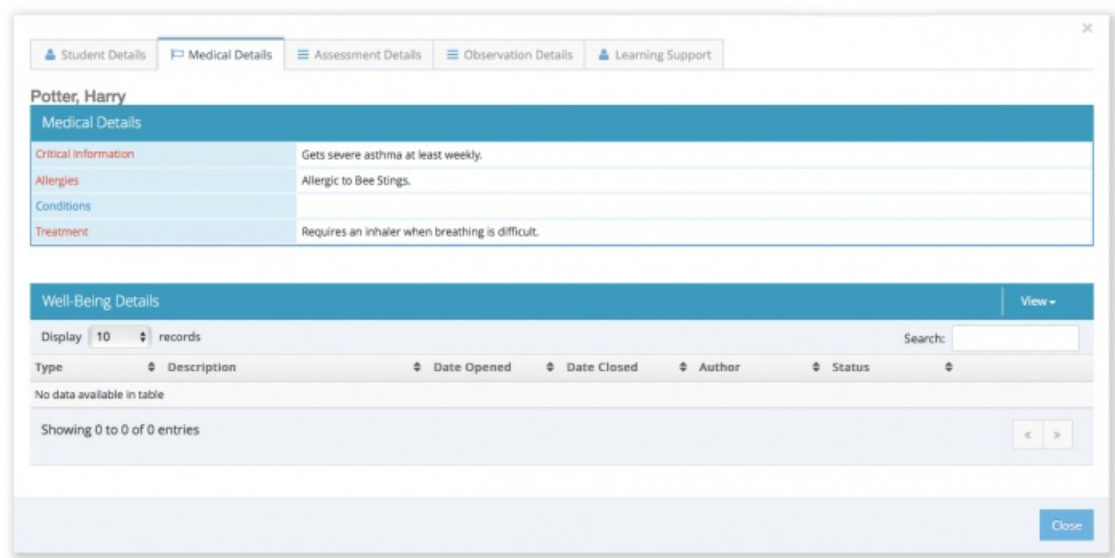
Successful transition tips

Parental and learner anxiety about safety increases with changes of environments and teachers.

- ✓ Assure families and whānau that allergies are taken seriously.
- ✓ Follow-up on a child or young person's enrolment information. Contact parents proactively.
- ✓ Communicate with families about allergy management.
- ✓ Ensure families and whānau provide their child's or young person's action plan for allergy management before transitions occur.
- ✓ Ensure all staff, including after-school carers, relief teachers, and food technology and hospitality teachers are aware of learners at risk of anaphylaxis and their allergy triggers.
- ✓ Identify whether the student is eligible for the [High Health Needs Fund](#).
- ✓ Connect with your public health nurse for staff training.
- ✓ Support staff to access and complete the [ASCIA online training](#).
- ✓ Provide NZQA-approved, first-aid training that includes anaphylaxis response training, and trains according to [ASCIA](#) guidelines.

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Use your SMS



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Public health nurse



Source:

Ministry of Education

<https://www.education.govt.nz/assets/Documents/School/Supporting-students/Student-Wellbeing/HealthConditionsInEducation.pdf>

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School High Health Needs Fund

As part of your transition process consider whether a student is eligible to receive support.

Students may be eligible if they:

- have severe allergies, asthma, or eczema and could react to common allergy triggers at school
- need someone with them to make sure they don't come into contact with anything that could trigger an allergic reaction
- need someone to carry out emergency treatment if they go into anaphylactic shock.

For more information, refer to the [Eligibility Criteria High Health Needs Fund](#).

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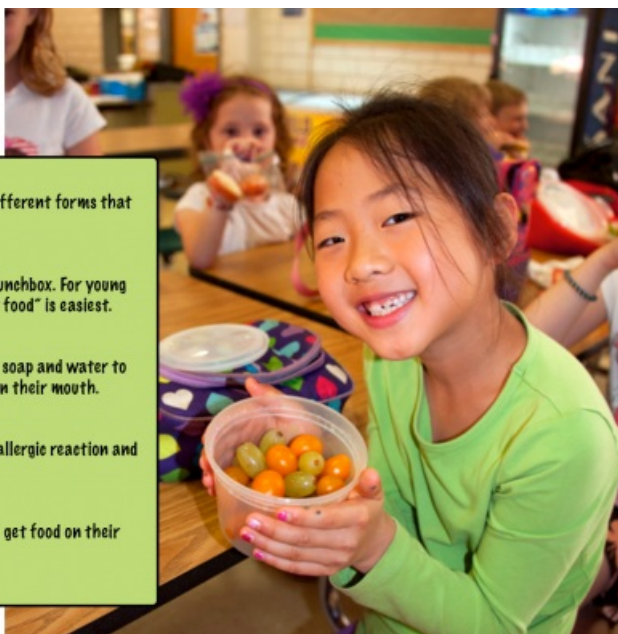
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Transition to school

5 Skills for children with allergies starting school

- 1 Know your allergens**
Children need to know what they are allergic to and the different forms that food may come in.
- 2 Stick to your own food and drink**
Children need to know they can only eat what is in their lunchbox. For young children having a simple rule of "no swapping or sharing of food" is easiest.
- 3 Keep your hands out of your mouth**
Children need to know to wash their hands carefully with soap and water to keep free from contaminants, and not to put their hands in their mouth.
- 4 Get help if you have a reaction**
Talk with children about what they might notice with an allergic reaction and how to get the right help.
- 5 Practise what to do and how to do it**
Practise with children what to do if they are offered food, get food on their hands, and how to ask for help.

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Useful resources



Going to school with allergies

Read time: 5 min

This downloadable sheet give practical skills for young people attending pre-school and school with allergies.

[Visit website](#)



Transition to school

Read time: 6 min

This video provides information, advice, and support for parents of children with allergies who are starting school.

[Visit website](#)

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