

Communicate and share information for successful transitions

A suggestion for implementing the strategy

'Create inclusive systems' from the Guide:

[Allergies and learning](#)

Includes:

Successful transition tips

Use your SMS

Public health nurse

School High Health Needs Fund

Transition to school

Useful resources

Inclusive Education

From

Guide: [Allergies and learning](#)

Strategy: [Create inclusive systems](#)

Suggestion: [Communicate and share information for successful transitions](#)

Date

30 June 2026

Link

inclusive.tki.org.nz/guides/allergies-and-learning/communicate-and-share-information-for-successful-transitions

Successful transition tips

Parental and learner anxiety about safety increases with changes of environments and teachers.

- ✓ Assure families and whānau that allergies are taken seriously.
- ✓ Follow-up on a child or young person's enrolment information. Contact parents proactively.
- ✓ Communicate with families about allergy management.
- ✓ Ensure families and whānau provide their child's or young person's action plan for allergy management before transitions occur.
- ✓ Ensure all staff, including after-school carers, relief teachers, and food technology and hospitality teachers are aware of learners at risk of anaphylaxis and their allergy triggers.
- ✓ Identify whether the student is eligible for the [High Health Needs Fund](#).
- ✓ Connect with your public health nurse for staff training.
- ✓ Support staff to access and complete the [ASCIA online training](#).
- ✓ Provide NZQA-approved, first-aid training that includes anaphylaxis response training, and trains according to [ASCIA](#) guidelines.

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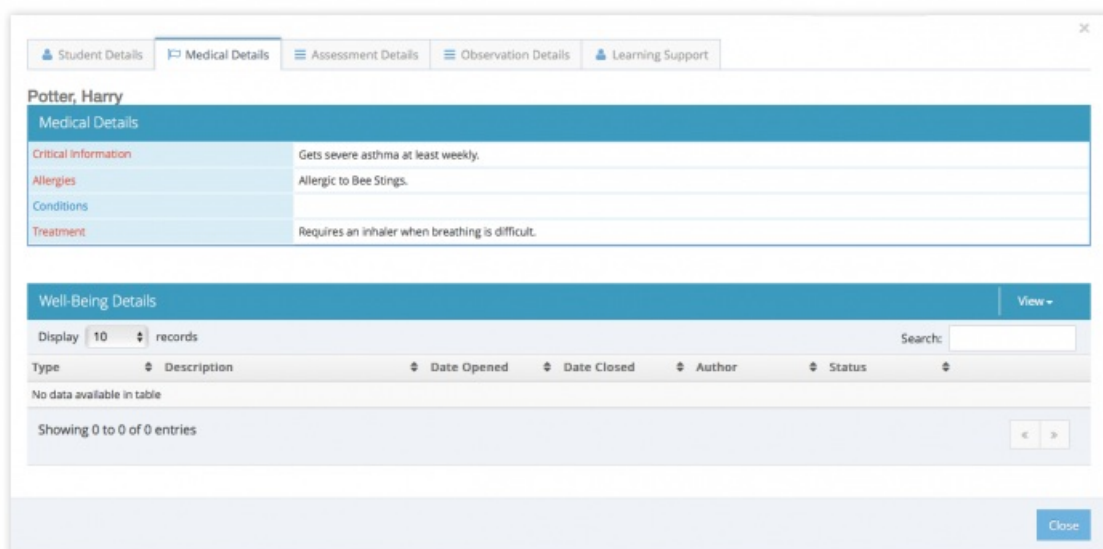
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Use your SMS



The screenshot shows a web application interface for a student record. At the top, there are navigation tabs: 'Student Details', 'Medical Details' (which is active), 'Assessment Details', 'Observation Details', and 'Learning Support'. Below the tabs, the student's name 'Potter, Harry' is displayed. The 'Medical Details' section is expanded, showing a table with the following information:

Category	Description
Critical Information	Gets severe asthma at least weekly.
Allergies	Allergic to Bee Stings.
Conditions	
Treatment	Requires an inhaler when breathing is difficult.

Below the medical details, there is a 'Well-Being Details' section with a 'View -' button. This section includes a search bar and a table with columns: 'Type', 'Description', 'Date Opened', 'Date Closed', 'Author', and 'Status'. The table is currently empty, displaying 'No data available in table' and 'Showing 0 to 0 of 0 entries'. A 'Close' button is located at the bottom right of the interface.

[View full image \(67 KB\)](#)

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Public health nurse



Source:

Ministry of Education

<https://www.education.govt.nz/assets/Documents/School/Supporting-students/Student-Wellbeing/HealthConditionsInEducation.pdf>

View full image (872 KB)

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School High Health Needs Fund

As part of your transition process consider whether a student is eligible to receive support.

Students may be eligible if they:

- have severe allergies, asthma, or eczema and could react to common allergy triggers at school
- need someone with them to make sure they don't come into contact with anything that could trigger an allergic reaction
- need someone to carry out emergency treatment if they go into anaphylactic shock.

For more information, refer to the [Eligibility Criteria High Health Needs Fund](#).

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Transition to school

5 Skills for children with allergies starting school

- 1 Know your allergens**
Children need to know what they are allergic to and the different forms that food may come in.
- 2 Stick to your own food and drink**
Children need to know they can only eat what is in their lunchbox. For young children having a simple rule of "no swapping or sharing of food" is easiest.
- 3 Keep your hands out of your mouth**
Children need to know to wash their hands carefully with soap and water to keep free from contaminants, and not to put their hands in their mouth.
- 4 Get help if you have a reaction**
Talk with children about what they might notice with an allergic reaction and how to get the right help.
- 5 Practise what to do and how to do it**
Practise with children what to do if they are offered food, get food on their hands, and how to ask for help.



DF Photo by: Mawell MB: <https://www.edu.govt.nz/whaiwhai/whaiwhai-information/whaiwhai-looks-like/whaiwhai-vegetables/whaiwhai/>

Source:

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Useful resources



Going to school with allergies

Read time: 5 min

This downloadable sheet give practical skills for young people attending pre-school and school with allergies.

[Visit website](#)



Transition to school

Read time: 6 min

This video provides information, advice, and support for parents of children with allergies who are starting school.

[Visit website](#)

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