

## Emergency treatment

1. Lay the child or young person flat. Do NOT allow them to stand or walk. If unconscious, place in recovery position. If breathing is difficult allow them to sit.
2. Give adrenaline immediately.
3. Call the ambulance 111.
4. Say, "Anaphylaxis (ana fill axis) – need adrenaline."
5. If the child or young person has asthma and is still wheezy, follow instructions on their action plan.
6. Follow resuscitation measures if pulse or breathing is absent.
7. Call parents.



### Source:

Ministry of Education

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