Inclusive Education From Guide: Allergies and learning Strategy: Recognise and respond to allergic reactions Suggestion: Anaphylaxis response Date 31 July 2025 Link

inclusive.tki.org.nz/guides/allergies-and-learning/anaphylaxis-response

Emergency treatment

- Lay the child or young person flat. Do NOT allow them to stand or walk. If unconscious, place in recovery position. If breathing is difficult allow them to sit.
- 2. Give adrenaline immediately.
- 3. Call the ambulance 111.
- 4. Say, "Anaphylaxis (ana fill axis) need adrenaline."
- 5. If the child or young person has asthma and is still wheezy, follow instructions on their action plan.
- 6. Follow resuscitation measures if pulse or breathing is absent.
- 7. Call parents.

Source: Ministry of Education

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