

# Anaphylaxis response

A suggestion for implementing the strategy  
'Recognise and respond to allergic reactions'  
from the Guide: [Allergies and learning](#)

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## Includes:

- Emergency treatment
- Adrenaline auto-injectors
- Anaphylaxis and asthma
- Action for anaphylaxis
- MedicAlert bracelets
- Useful resources

## Emergency treatment

1. Lay the child or young person flat. Do NOT allow them to stand or walk. If unconscious, place in recovery position. If breathing is difficult allow them to sit.



2. Give adrenaline immediately.



3. Call the ambulance 111.

4. Say, "Anaphylaxis (ana fill axis) – need adrenaline."

5. If the child or young person has asthma and is still wheezy, follow instructions on their action plan.

6. Follow resuscitation measures if pulse or breathing is absent.



7. Call parents.

Source:

Ministry of Education

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Inclusive Education

From

Guide: [Allergies and learning](#)

Strategy: [Recognise and respond to allergic reactions](#)

Suggestion: [Anaphylaxis response](#)

Date

18 April 2024

Link

[inclusive.tki.org.nz/guides/allergies-and-learning/anaphylaxis-response](https://inclusive.tki.org.nz/guides/allergies-and-learning/anaphylaxis-response)

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## Adrenaline auto-injectors

Adrenaline is the first-line treatment for anaphylaxis. Students will have their own auto-injectors, purchased by their families. They are designed to be injected by people who are not medically trained.



Video hosted on Youtube <http://youtu.be/RGWnKSCnJjE>

No captions or transcript

Source:

[EpiPen Mylan \(NZ\)](#)

<https://www.youtube.com/watch?v=RGWnKSCnJjE&feature=youtu.be>

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## Anaphylaxis and asthma



Source:

[Asthma NZ](#)

<https://www.youtube.com/watch?v=FtCOip2cABA>

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**Source:**  
 ASCIA  
<https://www.allergy.org.au/health-professionals/ascia-plans-action-and-treatment?highlight=WyJhc2NpYSIsImFzY2lhJ3MiLCInYXNjaWEiLCJhY3Rpb24iLCJwbGFucyIsImFzY2lhIGFjdGlubiIsImFzY2lhIGFjdGlubiBwbGFucyIsImFjdGlubiBwbGFucyJd>  
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## Useful resources



### How to give EpiPen in English and other languages

Downloadable, step-by-step instructions for using EpiPen adrenaline auto-injectors.

Publisher: Australasian Society of Clinical Immunology and Allergy

[Visit website](#)

