Inclusive Education

From

Guide: ADHD and learning

Strategy: Support self-regulation and positive behaviour

Suggestion: Support thinking

Date

09 August 2025

Link

inclusive.tki.org.nz/guides/adhd-and-learning/support-thinking

Options for ākonga expression

Provide a range of ways for ākonga to express what they know.

- ✓ Give learners a range of ways to communicate their ideas and complete their work. Encourage them to work on computers.
- ✓ Allow ākonga to choose how to communicate about a topic. Give ākonga with ADHD fewer written tasks and opportunities to present their ideas visually or orally.
- ✓ Provide options for exams use digital rather than hand-written text or access a supervised reader. If your learner also has dyslexia, organise an early assessment for reader/writer support or specialised software for reading/writing.

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