

Consider multiple approaches

Build up a range of approaches to draw from when supporting positive behaviour.

- ✓ Create opportunities for students to take the lead using their strengths and interests.
- ✓ Help students to develop a strong sense of identity and be knowledgeable about their specific learning needs and abilities.
- ✓ Consistently teach and reinforce classroom and playground rules.
- ✓ Take opportunities to give specific positive feedback about attempted tasks that meet achievement goals.
- ✓ Consider short term contracts to achieve learning goals and task expectations. Negotiate these with the student.
- ✓ Give choice within set alternatives, starting with one out of two possible choices.
- ✓ Develop cues individually with the student that will signal such things as when they need to refocus or take a break from a task or situation.
- ✓ Teach organisation skills.
- ✓ Teach coping skills.
- ✓ Teach self-management skills, including alternative ways to achieve goals, managing anger, problem-solving, asking for help, and finding a safe place or person.

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