

Use multiple approaches to support concentration

Provide options to support concentration and short-term memory.

- ✓ Monitor and moderate the classroom for visual and auditory distractions.
- ✓ Encourage students to adapt the environment to meet their needs by, for example, wearing headphones, moving to a quiet environment or taking a walk to support their thinking.
- ✓ Present information in a range of ways over an extended period of time to help students to retain information, build their understanding and stay focused.
- ✓ Discuss with students the effectiveness of the classroom and make modifications and remove barriers where needed.
- ✓ Make effective use of visual prompts and cues to support understanding and navigation in online environments.
- ✓ Make hyperlinks to background knowledge or previous learning to increase connections.
- ✓ Schedule regular short breaks for physical movement.

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