

Inclusive Education

From

Guide: [ADHD and learning](#)

Strategy: [Helpful classroom strategies years 9–13](#)

Suggestion: [Support planning and thinking skills](#)

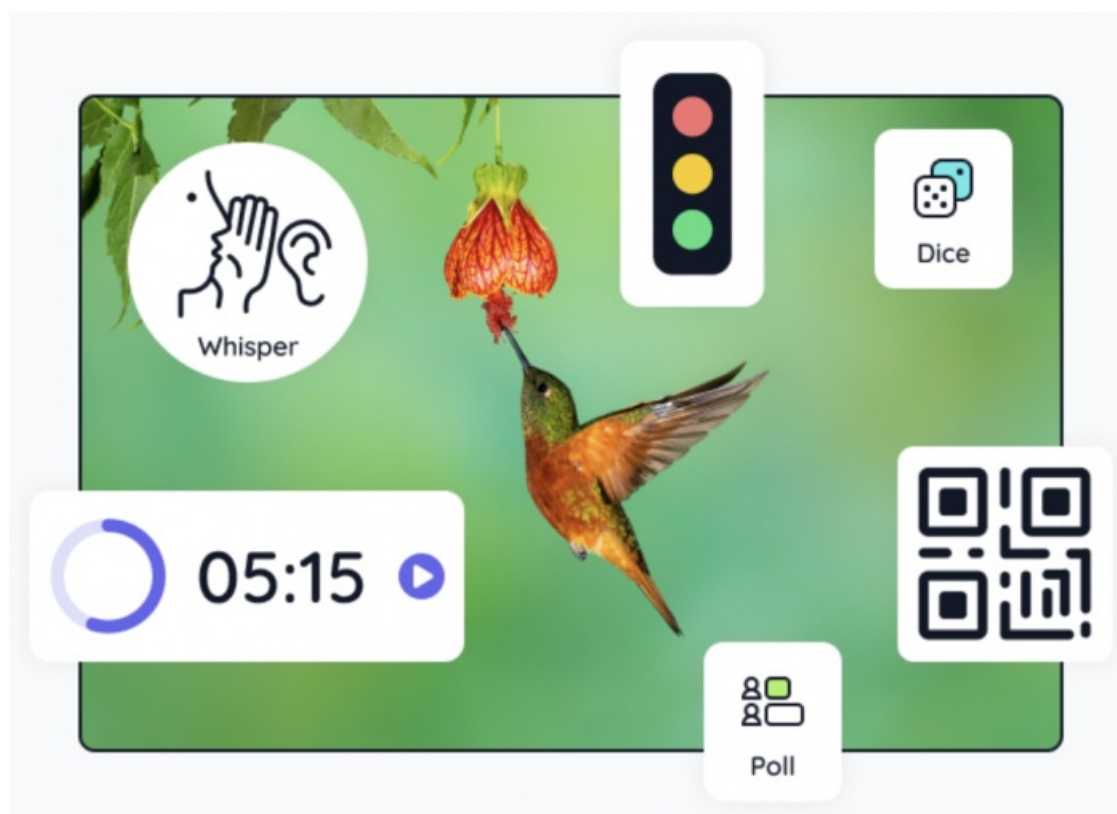
Date

19 July 2025

Link

inclusive.tki.org.nz/guides/adhd-and-learning/support-planning-and-thinking-skills-in-secondary

Support time management



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Introduce tools such as visual timers to reduce surprise that an activity is over or to signal that a transition is coming.

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