Inclusive Education

From

Guide: ADHD and learning

Strategy: Helpful classroom strategies years 9–13 Suggestion: Support participation and confidence

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Link

inclusive.tki.org.nz/guides/adhd-and-learning/support-participation-and-confidence-2

Suggestions to increase confidence

Discuss with the learner what will support their participation and confidence.

Build the suggestions into your teaching practice.

- ✓ Ask ākonga how they like to learn.
- ✓ Use learners' interests and strengths as bases for teaching.
- ✓ Recognise and eliminate situations that ākonga may find difficult or embarrassing because of their physical or cognitive differences.
- ✓ Foster tuakana-teina relationships and create a class culture where ākonga support each other.
- ✓ Feedback success to parents and whānau.
- ✔ Recognise avoidance strategies and provide support and encouragement.
- ✓ Give ākonga extra time to complete work.
- ✓ Make learning supports, such as text-to-speech and word prediction, available to all learners.
- ✓ Enable learners to contribute their ideas in collaborative work, without the challenge of lengthy writing tasks.
- ✔ Provide the learner with strategies to help them when they get stuck.

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