

# Provide options for learning and collaborating

A suggestion for implementing the strategy 'Helpful classroom strategies years 1-8' from the Guide: [ADHD and learning](#)

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## **Includes:**

- Personalise learning
- Use digital tools for collaboration
- Use tools and apps with built in supports
- Offer options for expression
- Support success in assessments
- Useful resources

Inclusive Education

From

Guide: [ADHD and learning](#)

Strategy: [Helpful classroom strategies years 1-8](#)

Suggestion: [Provide options for learning and collaborating](#)

Date

25 March 2025

Link

[inclusive.tki.org.nz/guides/adhd-and-learning/provide-options-for-learning-and-collaborating](https://inclusive.tki.org.nz/guides/adhd-and-learning/provide-options-for-learning-and-collaborating)

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## Personalise learning

Provide opportunities for students to learn in ways that suit their needs and preferences.

- ✓ Set realistic, ambitious, and achievable personal targets.
- ✓ Create opportunities where students can personalise learning tasks and projects to build on their culture, knowledge, experience and strengths.
- ✓ Discuss with students the different ways they can share their thinking and demonstrate understanding.
- ✓ Develop success criteria with the students and present them with clear visual supports.
- ✓ Provide opportunities for students to gain confidence using a range of media so they can select the most appropriate way to express their learning.
- ✓ Offer a flexible learning environment with a variety of seating and working spaces.
- ✓ Offer a reader-writer or assistive technologies to support success in assessments.

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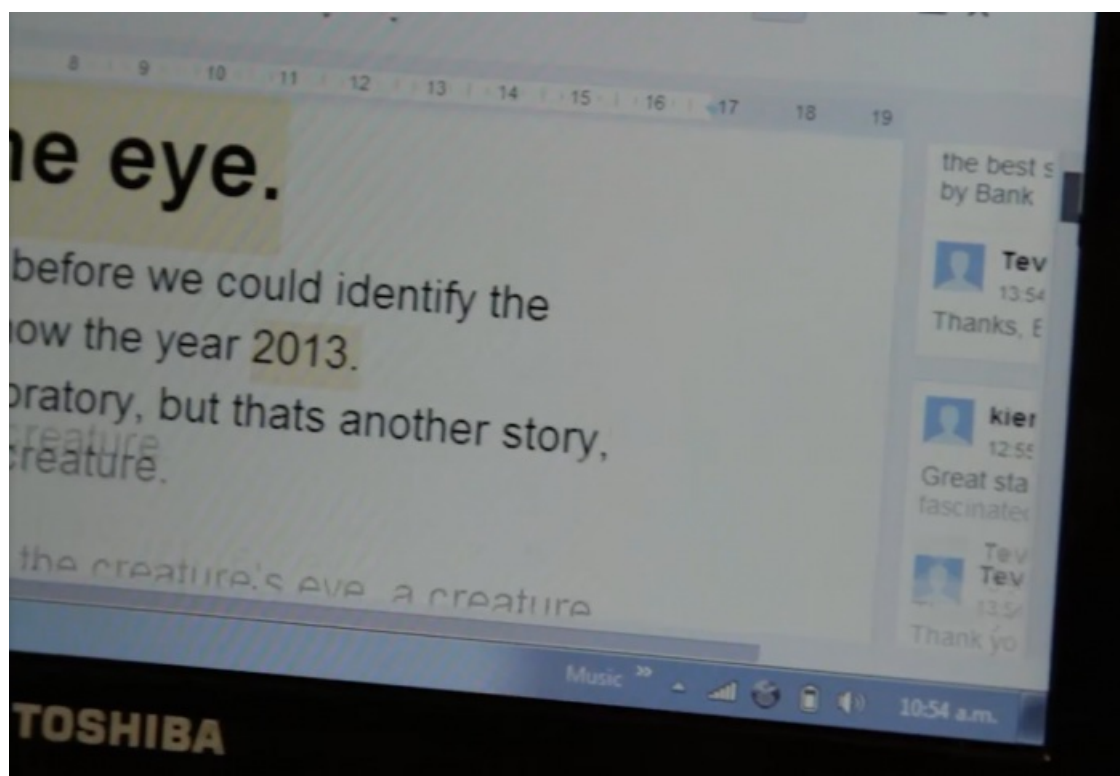
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## Use digital tools for collaboration



Source:

[Enabling e-Learning](#)

<http://elearning.tki.org.nz/Teaching/Learning-areas/English/1-1-Netbooks-Allowing-excellence-in-the-classroom>

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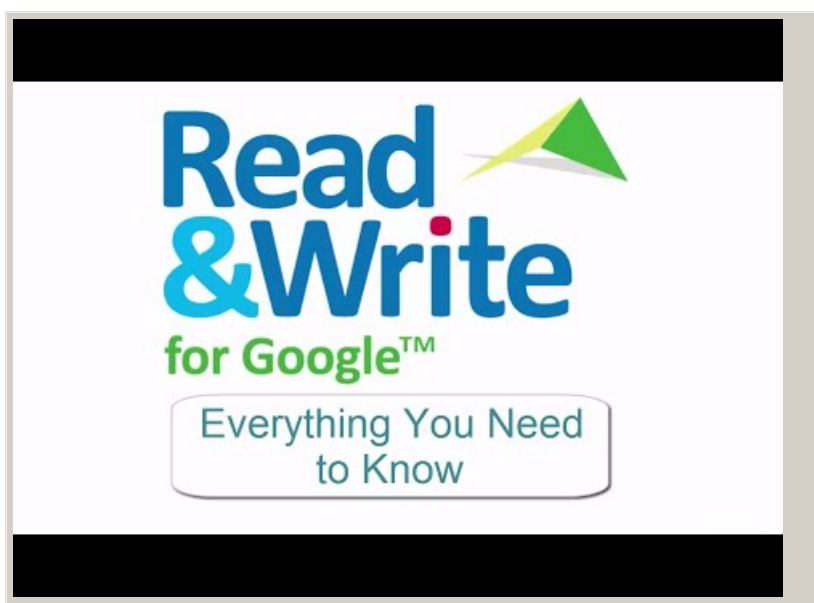
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## Use tools and apps with built in supports

Model how to use text-to-speech, dictation, glossaries and highlighters.



Video hosted on Youtube [http://youtu.be/hwC\\_hJ7KmAg](http://youtu.be/hwC_hJ7KmAg)

Closed Captions

Source:

[David Salmon \(US\)](#)

<https://www.youtube.com/channel/UCnLXip32zlo8qgCuhBuItBA>

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## Offer options for expression



Video hosted on Youtube <http://youtu.be/6TupyBVkR7w>

Closed Captions

Source:

[UDLA LACOE \(YouTube\)](#)

<https://www.youtube.com/@UDLALACOE>

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## Support success in assessments

Discuss with students what support they need to demonstrate their understanding in tests and assessments.

Talk about:

- possible barriers created by the physical environment: unfamiliar layout of a room, lighting, temperature
- possible barriers created by the design of materials: cluttered presentation, hard-to-read diagrams, unclear layout, hard-copies only
- ways to manage time allocations such as using visual timers
- negotiating breaks and extra time
- managing anxiety through mindfulness, positive self-talk, and identifying solutions to anticipated problems prior to the assessment
- using digital technologies such as text-to-speech and predictive text or a reader-writer
- pre-teaching specific test skills, such as how to approach multiple choice questions.

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## Useful resources



### Different ways to publish your stories: Using a variety of tools

Teacher Jacqui Sharp illustrates some of the ways students and teachers can present digital stories and inquiries, using many different tools.

Publisher: Jacqui Sharp

[Visit website](#)



### UDL Curriculum toolkit: Building Flexible, Customizable Learning Environments

This resource was developed to facilitate the creation of flexible UDL instructional materials. The Toolkit software enables any curriculum developer or researcher to design web-based curricula or interventions — from scratch, as well as to retrofit existing curricula into a UDL-supported, scaffolded learning environment for middle and high school students.

Publisher: CAST

[Visit website](#)

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