**Creating Neurodiverse Friendly ‘Soft’ and ‘Hard’ Copy Resources**

**Font:**

* Choose **arial**, **comic sans or open dyslexic** as the font type as these are easiest to read.
* Use a minimum of 12 or14 for your font size if possible.
* Where possible use lower case letters rather than capitals. Using capital letters for emphasis can make text harder to read.
* Don't write sentences entirely in capitals; this infers that the reader is being shouted at.
* Keep lines left justified, with a ragged right edge.
* The space between lines is important. Recommendations suggest a space of 1.5 to 2 times the default space.

**Paper/ Screen:**

* Avoid light text on a dark background, although some people do like white on black.
* Use coloured paper or presentation screen background instead of white. Pale blue or ivory provide a good alternative.
* A useful free Google Chrome extension that allows students to put a digital overlay over all their docs/websites: <https://chrome.google.com/webstore/detail/color-overlay/glejbiebgbadpnhcjmidgclkjeelddgk?hl=en>
* Matt paper is preferable to glossy paper, as this reduces glare.

### Presentation style:

* Use bullet points, numbered lists, diagrams, charts, pictures/visuals and tables etc. rather than large blocks of text.
* Break up the text into manageable chunks. Use subheadings so that it is clear what each ‘chunk’ is about.
* Highlight, underline or ‘box’ **key words** and **ideas**.
* Include the subject specific words and definitions with the instructions so the learner can spell them correctly.
* If tasks are included, please indicate what the essential ‘must do’ parts are and which are optional.
* Provide a timeline for tasks to be completed. Prepare to have some flexibility with this.
* The ridiculous/humorous is retained in the brain better than anything else.
* Reading the instructions and information out is really helpful.

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