

# Provide options for physical action

A suggestion for implementing the strategy  
'Provide multiple means of Action and  
Expression' from the Guide: [Universal Design  
for Learning](#)

---

## Includes:

- Overview
- Offer accessibility tools to all
- Consider mobility needs
- The impact of removing barriers
- Reflection questions
- Useful resources

Inclusive Education

From

Guide: [Universal Design for Learning](#)

Strategy: [Provide multiple means of Action and Expression](#)

Suggestion: [Provide options for physical action](#)

Date

17 May 2024

Link

[inclusive.tki.org.nz/guides/universal-design-for-learning/provide-options-for-physical-action](https://inclusive.tki.org.nz/guides/universal-design-for-learning/provide-options-for-physical-action)

---

## Overview

Explore the 'options for physical action' guideline.

Recognise which approaches and strategies are already part of your practice.

Take note of anything you hadn't considered before.



Video hosted on Youtube [http://youtu.be/XKob82\\_Mfpw](http://youtu.be/XKob82_Mfpw)

Closed Captions

Source:

[UDLA LACOE](#)

<https://www.youtube.com/channel/UCZMomkDLikL-sWPoKTt-otQ/featured>

## Inclusive Education

From

Guide: [Universal Design for Learning](#)

Strategy: [Provide multiple means of Action and Expression](#)

Suggestion: [Provide options for physical action](#)

Date

17 May 2024

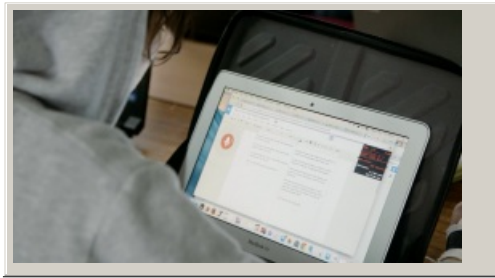
Link

[inclusive.tki.org.nz/guides/universal-design-for-learning/provide-options-for-physical-action](http://inclusive.tki.org.nz/guides/universal-design-for-learning/provide-options-for-physical-action)

---

# Offer accessibility tools to all

High school teacher Ben Britton describes the impact of using digital resources and introducing all students to accessibility tools.



Video hosted on Vimeo <http://vimeo.com/160672115>

Closed Captions

**Source:**

[Enabling e-Learning \(NZ\)](#)

<http://elearning.tki.org.nz/Teaching/Inclusive-classrooms/BYOD-supporting-inclusion>

[Inclusive Education](#)

From

Guide: [Universal Design for Learning](#)

Strategy: [Provide multiple means of Action and Expression](#)

Suggestion: [Provide options for physical action](#)

Date

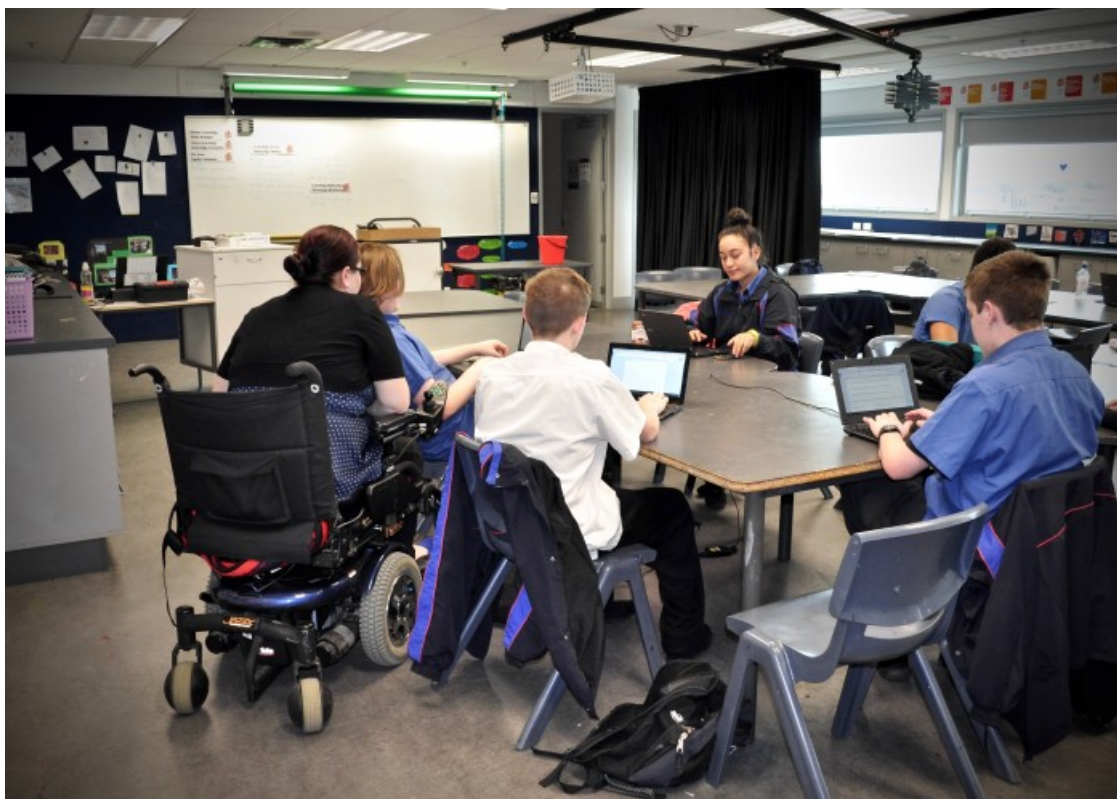
17 May 2024

Link

[inclusive.tki.org.nz/guides/universal-design-for-learning/provide-options-for-physical-action](https://inclusive.tki.org.nz/guides/universal-design-for-learning/provide-options-for-physical-action)

---

## Consider mobility needs



Source:

Ministry of Education | Te Tāhuhu o te Mātauranga

[View full image \(1.7 MB\)](#)

Inclusive Education

From

Guide: [Universal Design for Learning](#)

Strategy: [Provide multiple means of Action and Expression](#)

Suggestion: [Provide options for physical action](#)

Date

17 May 2024

Link

[inclusive.tki.org.nz/guides/universal-design-for-learning/provide-options-for-physical-action](http://inclusive.tki.org.nz/guides/universal-design-for-learning/provide-options-for-physical-action)

---

## The impact of removing barriers

Teva, a Year 5 student, describes how removing the barriers of writing with a pencil has allowed him to demonstrate his learning.



Video hosted on Vimeo <http://vimeo.com/64540998>

Closed Captions

Source:

[Enabling e-Learning \(NZ\)](#)

<http://elearning.tki.org.nz/Teaching/Curriculum-areas/English/Netbooks-an-onramp-to-success-in-literacy>

Inclusive Education

From

Guide: [Universal Design for Learning](#)

Strategy: [Provide multiple means of Action and Expression](#)

Suggestion: [Provide options for physical action](#)

Date

17 May 2024

Link

[inclusive.tki.org.nz/guides/universal-design-for-learning/provide-options-for-physical-action](https://inclusive.tki.org.nz/guides/universal-design-for-learning/provide-options-for-physical-action)

---

## Reflection questions

How can I model the use of assistive technologies and accessibility tools in my teaching?

How will I reduce barriers to learning created by the sensory skills needed for a task (mouse control, steady hand, ability to distinguish similar colours or sounds, see small font)?

How can I build my knowledge of creating digital content that is accessible and user friendly?

How can I organise the physical environment to ensure all learners have access to what they need?

Inclusive Education

From

Guide: [Universal Design for Learning](#)

Strategy: [Provide multiple means of Action and Expression](#)

Suggestion: [Provide options for physical action](#)

Date

17 May 2024

Link

[inclusive.tki.org.nz/guides/universal-design-for-learning/provide-options-for-physical-action](https://inclusive.tki.org.nz/guides/universal-design-for-learning/provide-options-for-physical-action)

---

## Useful resources



### Do's and don'ts on designing for accessibility

Read time: 34 min

A set of six posters with general guidelines for designing accessible web content. These posters are also useful considerations for general classroom planning and content design.

Publisher: United Kingdom Government

[Visit website](#)



### Universal Design for Learning iPad strategies: Text-to-speech

A video introducing text-to-speech to access digital text.

Publisher: Kit Hard

[Visit website](#)

This information was downloaded/printed from the Ministry of Education's website "Inclusive Education". Except where otherwise noted it is Crown Copyright 2018.

Information on the Inclusive Education website is regularly updated so we recommend you check the website version of this information to ensure it remains current.