

Useful resources



Lessons from a Recovering Racist | Andrew Judd | TEDxRuakura

Andrew Judd takes us on his personal journey of questioning his long-held beliefs and the attitudes that surround him. Serving on the District Council for New Plymouth, and eventually as Mayor, Andrew was finally put in a position to act as a bridge between the indigenous Māori constituents of his district and the white European majority. But the work he embarked upon had to start with himself and his own attitudes and prejudices.

Publisher: TED Conferences

[Visit website](#)



Land of the Long White Cloud | Episode 4 – Pākehā Paralysis | RNZ

Alex Hotere-Barnes reflects on how white New Zealanders overcome feelings of guilt, in order to take positive action against racism in Aotearoa.

Publisher: Radio New Zealand

[Visit website](#)



Poutama Pounamu: Drawing from critical theories

Read time: 2 min

An introduction to critical consciousness and conscientisation.

Publisher: Poutama Pounamu

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