

# Understanding low vision

Low vision affects each person in unique ways. Discuss learning and accessibility preferences with students and whānau, and areas they would value support.

## Definition

Vision is a complex sense. It is made up of the ability to see contrasts and sharpness of detail. It also helps with location of objects in the environment.



People with low vision have reduced vision, even when they use the best possible corrective contact lenses or glasses.

### Source:

[BLENNZ Learning Library](#)

<http://blennzonlinelearninglibrary.edublogs.org/>

[View full image \(4.5 MB\)](#)

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# Types of low vision

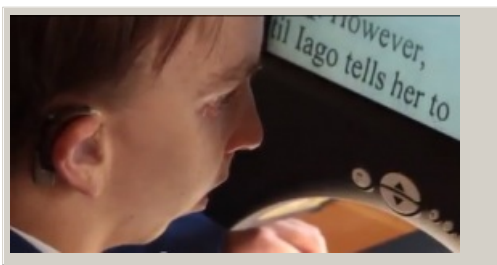
In New Zealand, vision impairment is known as low vision.

Low vision may be:

- congenital (present from birth)
- hereditary (genetic, congenital or later onset)
- acquired (through accident, illness or disease).

## Influence on learning

A student's low vision can have an impact on their learning across the curriculum, but it very much depends on the condition, their wellbeing, and the context.



Video hosted on Vimeo <http://vimeo.com/61762058>

Matt, a secondary student with low vision, describes how he makes school work. He reflects on his use of technology, effective partnerships with teachers, and the need for self-advocacy skills.

Closed Captions

### Source:

[Enabling e-Learning \(NZ\)](https://elearning.tki.org.nz/Teaching/Inclusive-practice/Universal-Design-for-Learning/Customising-access-to-learning-at-high-school)

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Areas students may find tiring or challenging without support include:

- processing visual information
- accessing materials, especially print
- learning social and daily living skills
- navigating new or changing classroom layouts
- organising personal belongings and school work.

# Key actions to support learning

Teachers may support students through:

- adjusting learning activities, teaching strategies and assessment.
- clear verbal explanations and instructions.
- use of technologies.
- changes to the physical learning environment.
- helping students to engage with peers and to stay healthy and safe.

## Technologies commonly used

Technologies and digital materials enable students with low vision access to education alongside their peers.

Low tech	High tech
Dark pencils and felt-tipped pens	Laptops, iPads, cell phones
Dark lined pads and exercise books	CCTV
Adjustable stands for devices	Image capturing devices such as digital cameras or cell phones
Adjustable copy holders with line markers	Magnification software
Hand-held magnifiers or monoculars	Screen reading software
Writing and reading guides	Voice recognition software
Slope boards and desks	MP3 players
Angle-poise or clip-on desk lamps	GPS

## Useful resources

### Glossary of Eye Conditions

Comprehensive glossary of eye conditions with links to further resources.

Publisher: American Foundation for the Blind

[Visit website](#)

### Classroom adjustments (podcast)

Classroom adjustments (podcast)

Publisher: Australian Government, NCCD

[Visit website](#)

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