

# Support selfmanagement and organisation

A suggestion for implementing the strategy 'Key areas to support' from the Guide:

Dyspraxia and learning

**Includes:** Use frameworks to support thinking and memory

Support organisation with visuals

Chunk tasks and time to increase motivation

Support independence

Use thinking tools

Useful resources

From

Guide: Dyspraxia and learning Strategy: Key areas to support

Suggestion: Support self-management and organisation

Date

02 July 2025

Link

inclusive.tki.org.nz/guides/dyspraxia-and-learning/support-self-management-and-organisation

#### Use frameworks to support thinking and memory

Te Tukanga Hoahoa
Whakaara is a design
thinking framework
based on a Māori
pūrākau or story. The
story narrative helps
ākonga to remember the
steps in the design
process.



Video hosted on Youtube http://youtu.be/JScjuv3rgnA

**Closed Captions** 

Source:

Ministry of Education https://youtu.be/JScjuv3rgnA?si=Ua3hOklZmvmzqWsE

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### Support organisation with visuals

Use visual strategies to support independence.

- ✓ Label key areas of the classroom and resources with visual and text labels.
- ✓ Use charts, visual calendars, colour-coded schedules, visible timers and visual cues to increase students' ability to predict regular activities, transitions between environments and activities and changes in discussion topics.
- ✔ Break tasks into chunks using simple graphic organisers and flow charts.
- ✓ Use coloured threads or symbols marked on clothing to distinguish front and back.
- ✓ Discuss with parents the possibility of writing "R" and "L" inside shoes to indicate right and left.

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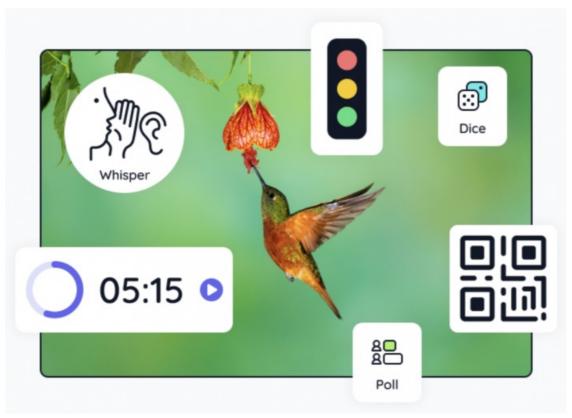
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#### Chunk tasks and time to increase motivation



Source:

Classroomscreen https://classroomscreen.com/

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#### **Support independence**

Use visual strategies, extra time, and routines to support confidence and independence.

- ✓ Allow more time for tasks such as assignments and dressing for swimming and PE.
- ✓ Speak slowly and give students time to respond.
- ✔ Personalise tasks and clarify expectations to offer the right level of challenge and support.
- ✓ Use colours, labels and systems to support organisation.
- ✓ Mark clothing and shoes to help with left, right, back and front.
- ✓ Offer storage for personal items where possible.

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### **Use thinking tools**



Source:

Ministry of Education | Te Tāhuhu o te Mātauranga

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#### **Useful resources**



## Classroom accommodations for developmental coordination disorder

Strategies for teachers that can make movement based work easier for students with coordination disorders.

Publisher: Understood

Visit website



#### Project Zero's thinking routines toolbox

A set of thinking routines to scaffold and support student thinking.

Publisher: Harvard Graduate School of Education

Visit website



## A teacher's guide to visible thinking activities

A blog on using thinking routines in the classroom, with activities for each type of routine.

Publisher: Inquisitive Australia

Visit website

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