

Connect with culturally sustaining frameworks

Learn from whānau using culturally sustaining frameworks. Understand how to meet hauora or wellbeing and learning needs.

For example, use dimensions from the Māori health model, Te Whare Tapa Whā

Taha Whānau – family, people and relationships

- whānau, friends, iwi and hapū
- cultural, religious, social and recreational connections
- professionals working with the family.

Taha Wairua – spiritual wellbeing or life force

- spiritually strengthening aspects, for example faith, being in nature, creative activities and meditation
- interests
- hopes and priorities for ākonga and whānau.

Taha Tinana – physical wellbeing

- physical activity and recreation preferences
- fine and gross motor challenges
- medications and allergies.

Taha Hinengaro – mental and emotional wellbeing

- strengths and talents
- dislikes and things they find difficult
- signs that the student is beginning to feel upset or anxious
- strategies used to calm students.

Whenua – connection to the land and environment

- important places
- iwi and hapū maunga awa – mountains and rivers
- interests in the environment, plants and animals
- connections to people and ancestors.

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