

# Support self-management

Create a predictable environment supported with visuals.

Teach and model how to use planning and scheduling tools effectively.

- ✓ Make visual exemplars of processes.
- ✓ Label key areas of the classroom and resources.
- ✓ Use charts, visual calendars, colour-coded schedules, visible timers, and visual cues to allow students to predict regular activities, transitions between environments and activities, and changes in discussion topics.
- ✓ Make [graphic organisers](#) and flowcharts available to support students to break tasks into chunks and for thinking and planning in all curriculum areas

This information was downloaded/printed from the Ministry of Education's website "Inclusive Education". Except where otherwise noted it is Crown Copyright 2018.

Information on the Inclusive Education website is regularly updated so we recommend you check the website version of this information to ensure it remains current.

---

