

# Schedule regular check-ins

At your regular check-ins with ākonga, ask how they are feeling.

Also ask what supports and strategies are working well and what needs to be adjusted.

- ✓ What's working well for you at the moment?
- ✓ How are you coping with the workload? Let's look at your timetable/organiser and see what changes we can make.
- ✓ Is any part of the work challenging at the moment?
- ✓ What kind of support would be useful?
- ✓ What's something you're looking forward to in the next few days?
- ✓ Is there anything I can do to help?

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