

Managing physical aggression

Safety comes first.

The goal is to defuse the situation.

Assist rather than punish the student.

Punishing can escalate a situation.

- ✓ Stay calm, protect other children, set limits, and seek help.
- ✓ Remove the student to another space or another room or remove others from the area. Ask for the student's cooperation to do this. Say, for example, "Come to the library corner until things have settled".
- ✓ If there is a pattern to aggression, take preliminary actions such as students taking their shoes off inside if the student kicks or having their fingernails cut short if they scratch.
- ✓ Use approaches that aim to teach social skills and reinforce desired behaviours, combined with planned incentives.
- ✓ If the student has a safety plan or an individual behaviour plan, follow the processes outlined in this plan.

This information was downloaded/printed from the Ministry of Education's website "Inclusive Education". Except where otherwise noted it is Crown Copyright 2018.

Information on the Inclusive Education website is regularly updated so we recommend you check the website version of this information to ensure it remains current.

